

# Homeopathy & Sinusitis

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**19.1. "Controlled double-blind study of a homeopathic sinusitis medication"** – Heel GmbH, Baden-Baden, Germany

**Citation and Link:**

M. Weiser & B.P.E. Clasen, "Controlled double-blind study of a homeopathic sinusitis medication", *Biological Therapy*/ Vol. XIII/ No. 1 1995.

[http://www.heelusa.com/practitioners/clinicalresearch/Docs/Euphorbium/Homeopathic\\_Sinusitis\\_Medication.pdf](http://www.heelusa.com/practitioners/clinicalresearch/Docs/Euphorbium/Homeopathic_Sinusitis_Medication.pdf)

**Aim & Method:**

Investigation of clinical effectiveness of Euphorbium compositum S nasal spray in chronic sinusitis. For the statistical comparison among the therapeutic groups, a cumulative score was calculated from the data compiled in three sectors "subjective symptoms (day & night)", "anterior rhinoscopy" & "ultrasound examination of paranasal sinuses."

Randomized, Placebo controlled, double blind parallel group-comparison study

**Results:** *Out of 94 cases (in acute & chronically recurrent rhinitis & sinusitis) good therapeutic results were achieved in 81 percent cases.....*

**19.2. Homeopathic treatment of patients with chronic sinusitis (134 patients): (with 8 years follow-up)** -Institute for Social Medicine, Epidemiology and Health Economics, Charité University Medical Centre, Berlin

**Citation and Link:**

Claudia M. Witt, Rainer Lüdtko, and Stefan N. Willich, "Homeopathic treatment of patients with chronic sinusitis: A prospective observational study with 8 years follow-up", *BMC Ear, Nose and Throat Disorders* 2009, **9:7**

<http://www.biomedcentral.com/1472-6815/9/7>

**Method:**

"An evaluation of homeopathic treatment and the outcomes in patients suffering from sinusitis for  $\geq 12$  weeks in a usual care situation. The study included 134 adults (mean age  $39.8 \pm 10.4$  years, 76.1% women), treated by 62 physicians. Patients had suffered from chronic sinusitis for  $10.7 \pm 9.8$  years."

**Results:** "This observational study showed relevant improvements that persisted for 8 years in patients seeking homeopathic treatment because of sinusitis".